

## DAY RETREATS

**March 18<sup>th</sup>, 10.30am – 4.00pm**

**Director:** Fr. Jim Cogley PP

**Theme:** The Corona Storm

Storms come into our lives for a reason. They last for a season. Learn the reason to outlast the season.  
€35

**MAY 1<sup>st</sup>, 10.30am – 4.00pm**

**Directors:** Sean O'Leary &  
Fr. Brendan Nolan PP

**Theme:** Healing Earth

This retreat will explore the natural world as a gift from God that nourishes our bodies and souls.  
€35

**MAY 28<sup>th</sup>, 10.00am – 4.30pm - Spring Conference**

**Directors:** Dr. Jessie Rodgers SPC Maynooth

**Theme:** Gratitude, Compassion, Hope

Journeying with God in the Present Moment  
€25

**SEPTEMBER 4<sup>th</sup>, 10.30am – 4.00pm**

**Director:** Carol Barry

**Theme:** Harvest Life: Pause to Ponder with Gratitude...

An invitation to pause and to ponder on the gift, and gifts of our own lives in the light of the tradition of Harvest Thanksgiving.  
€35

**OCTOBER 23<sup>rd</sup>, 10.30am – 4.00pm**

**Directors:** Sean O'Leary &  
Fr. Brendan Nolan PP

**Theme:** Encountering Nature with God.

When we contemplate the rhythms and cycles of nature, we perceive sacred echoes of God's goodness, love and wisdom.  
€35

**Please check out our website for more information on these Retreats, Rest & Relaxation Breaks and more...**

## GENERAL INFORMATION

**Arrival/Registration from 4.00pm to 6:00pm**

**Supper at 6.00pm**

**Closing Day: Departure after Lunch**

We look forward to welcoming you to Ballyvaloo. We regret that we are not in a position to provide support to those who need help with self-care.

**Bookings will be confirmed only on receipt of:**

**€60 Deposit – 6 day retreat**

**€30 Deposit – 3 day retreat**

**€60 Deposit – Rest and Relaxation Week**

**20% Deposit – Group Bookings**

All deposits non-refundable to be deducted from full amount.

Please enclose a stamped addressed envelope or email address for reply.

**Accommodation: 32 En-suite Rooms.**

Special Needs: please advise the Secretary of any special needs, dietary or otherwise.

Spiritual Direction, Massage and Reflexology available on request.

Facilities for conferences, meetings and private retreats also available.



## DIRECTIONS TO BALLYVALOO:

**From Dublin:** Come off the M11 at Exit 25 and follow signs for Blackwater (Approx. 16km).

In the village take a RIGHT for Ballyvaloo. The Retreat Centre is signposted on the LEFT, 4km farther on.

**From Wexford:** Cross the bridge in Wexford town and continue for 4km. Take a RIGHT turn for Curracloe. Go through the village.

The Retreat Centre is signposted on the LEFT 4km farther on after which you take the first RIGHT.

### **Public Transport**

Train or Bus to O'Hanrahan Station, Wexford Town. Taxi service available to bring you to Ballyvaloo.

**OFFICE HOURS: 10.00am to 5.00pm  
Monday to Friday.**

**All Correspondence to:**

**The Secretary,  
Ballyvaloo Retreat & Conference Centre,  
Blackwater, Enniscorthy,  
Co. Wexford. Y21 X392.**

**Tel: (053) 9137160**

**Email: [office@ballyvaloo.ie](mailto:office@ballyvaloo.ie)**

**Website: [www.ballyvaloo.ie](http://www.ballyvaloo.ie)**

# Ballyvaloo Centre

Ballyvaloo, Blackwater,

Enniscorthy, Co. Wexford Y21 X392

Tel: (053) 9137160

Email: [office@ballyvaloo.ie](mailto:office@ballyvaloo.ie)



## Programme for 2021



## 6 DAY RETREATS

**MAY 15<sup>th</sup> – 21<sup>st</sup>**

**Director:** Fr. Gerard McCarthy SVD  
**Theme:** “For God so loved the world that he gave his one and only Son” (John 3.16)  
Sometimes we forget that we are loved by God. During this retreat we will try to grasp the implications of God giving his one and only Son for the life of the world, our world.  
€550

**JUNE 12<sup>th</sup> – 18<sup>th</sup>**

**Director:** Fr. Gerard McCarthy SVD  
**Theme:** “For God so loved the world that he gave his one and only Son” (John 3.16)  
Sometimes we forget that we are loved by God. During this retreat we will try to grasp the implications of God giving his one and only Son for the life of the world, our world.  
€550

**JUNE 19<sup>th</sup> – 25<sup>th</sup>**

**Director:** Rev. Dr. Ruth Patterson  
**Theme:** ‘Living The Future We Long For In The Now’  
These strange, hard times through which we are living present us with many challenges and choices. Based on Scripture, Ruth will reflect with us on living the present moment with hope, faith and love.  
€550

**JULY 10<sup>th</sup> – 16<sup>th</sup>**

**Director:** Martina Lehane Sheehan  
**Theme:** Rest and Renew in the Embrace of God.  
‘Courage’, Jesus said, and reached out and held him. (Matt. 14.31)  
A time for resting in meditation, prayer, scripture and poetry.  
€550

**JULY 24<sup>th</sup> – 30<sup>th</sup>**

**Director:** Fr. Mike Serrage MSC  
**Theme:** ‘Let’s walk together now, help me to help, to grow and thrive .... I love your company dear friend and always will.’ *Brendan Kennelly*  
An invitation to spend time being with the one who loves us and restores our hope and faith through the difficult time we are living through.  
€550

**JULY 31<sup>st</sup> – AUGUST 6<sup>th</sup>**

**Directors:** Fr. Tom McGuinness SJ & Sr. Magdalen Lawlor SND  
**Theme:** Gospel Women, Gospel Men: Reflections in Painting and Song.  
€590

**AUGUST 14<sup>th</sup> - 20<sup>th</sup>**

**Director:** Fr. Kieran O’Mahony OSA  
**Theme:** “Let the same mind be in you that was in Christ Jesus”  
Praying together the letter to the Philippians.  
The retreat offers times of meditation, Lectio Divina, daily Eucharist and time alone.  
€550

**AUGUST 21<sup>st</sup> – 27<sup>th</sup>**

**Director:** Fr. Brendan Comerford SJ  
**Theme:** “The Call and Cost of Discipleship”  
Praying and Reflecting on the Life and Spirituality of some outstanding Christian Witnesses, Dietrich Bonhoeffer, Dorothy Day, Pedro

Arrupe, Mother Teresa,  
Brother Roger of Taize.  
€550

**AUGUST 28<sup>th</sup> – SEPTEMBER 3<sup>rd</sup>**

**Directed Retreat**  
**Directors:** Fr. John Bennett MSC  
Sr. Helen Maher SSJG  
Martin Doyle  
Sr. Sheila Crowley SSJG  
Sr. Margaret McDermott MA  
€590

## SHORT RETREATS

### Easter Triduum

**MARCH 31<sup>st</sup> – APRIL 4<sup>th</sup>**

**Director:** Fr. Joe McGee MSC  
**Theme:** The Triduum of the Risen Christ invites us to contemplate the profound meaning of this sacred event and it’s transforming power in our lives.  
€350 (Leaving after Breakfast)

**APRIL 23<sup>rd</sup> – 25<sup>th</sup>**

**Director:** Fr. Jim Cogley PP  
**Theme:** The Journey of Healing & Wholeness  
Exploring inner landscapes with wood and symbols on this weekend retreat.  
€190

**MAY 21<sup>st</sup> – 23<sup>rd</sup>**

**Director:** Eoin Garrett  
**Theme:** Who do you say that I am?  
Exploration of responses to Jesus’ question, in poetry of John F. Deane, and other poets commissioned by him, including Seamus Heaney, Wendy Cope and James Harpur.  
€190

**JULY 3<sup>rd</sup> – 6<sup>th</sup> \***

**Director:** Fr. Michael Rogers SPS  
**Theme:** “The Christian Way in Christ from Incarnation to Resurrection”  
€275

**JULY 6<sup>th</sup> – 9<sup>th</sup> \***

**Director:** Fr. Brendan Nolan PP  
**Theme:** Quietly glimpsing the Liturgical Year through our Heritage of Poems, Hymns and Antiphons.  
€275

*\*The above two Retreats can be taken as one 6 Day Retreat.*

## Advent Retreat

**NOVEMBER 30<sup>th</sup> - DECEMBER 3<sup>rd</sup>**

**Directors:** Monica Browne & Hilary Musgrove  
**Theme:** Comfort My People  
A chance to pause and attend to the Advent call to prepare, to wait and be ready; to listen to the longing within, and to give expression to the Advent cry within your own heart, for the comforting Presence of Emmanuel, God with us.  
€290

## Advent Retreat

**DECEMBER 6<sup>th</sup> – 9<sup>th</sup>**

**Directors:** Br. Richard Hendrick OFM Cap.  
**Theme:** Abiding in Hope  
A contemplative journey towards Christmas.  
€285

## REST & RELAXATION

**JUNE 26<sup>th</sup> - JULY 3<sup>rd</sup> €590**

**JULY 17<sup>th</sup> - JULY 24<sup>th</sup> €590**

